

**The St. James Priory Project is a unique venture in Bristol City Centre.**

The Charity aims at supporting people with a history of homelessness who have a substance dependency.

The St. James Priory Project also operates a 'first stage' residential treatment centre, Walsingham House, which opened in June 1996. This has been very successful in offering abstinence based residential support and treatment for people with addictions.

It also runs a Family / Carers Group for people affected by addiction. This takes place on a Tuesday evening from 7pm until 9pm and is facilitated by trained counsellors.

The Charity has further plans to develop pre-admission day groups, aftercare groups and individual counselling as part of the comprehensive addiction support which is being developed at St. James Priory.



**MAKE ROOM .....  
IN YOUR LIFE .....  
FOR YOUR LIFE!!**

**Referrals can be made by Agencies or by individuals.**

References will be required.

No pets are allowed.

For further information and application forms please contact:

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The Queen's Golden Jubilee Award 2003

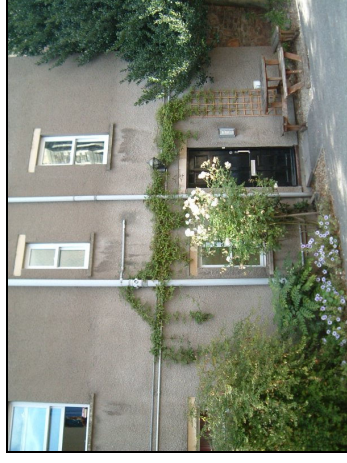
**March 2008**



**St James Priory Project**

**An Oasis of Serenity & Peace**

**ST. JAMES HOUSE**



**Supported Housing  
for People in  
Recovery from Addiction**



INVESTOR IN PEOPLE

**[www.stjamesprioryproject.org.uk](http://www.stjamesprioryproject.org.uk)**

Registered Charity Number 1104408  
Registered Company Number 04730515

### **St. James House opened in June 1999.**

It offers 'Third Stage' supported housing with ongoing treatment for people with a history of homelessness who have experienced First Stage and Second Stage treatment for addiction. A commitment to maintaining abstinence from all mood altering substances is a requirement for admission

The House provides supported housing for people who are in recovery. 10 bed sits are available with shared kitchen, dining and laundry areas. Support will be minimal – 1 group per week and individual support to meet individual needs.



Tenancies are available for up to 24 months. **Tenancy agreements will include a clause insisting on abstinence from all mood altering substances.** Tenants will be expected to take individual responsibility for their own room and also, collectively, for communal areas.

**HB meets and a contribution form residents meet rent costs and a supporting People contract meets additional support needs.**

### **SERVICE AIMS**

To provide good quality accommodation, support and care to single people who have a history of homelessness and who are in recovery from addiction.

### **SERVICE OBJECTIVES**

1. To provide quality accommodation that is safe and supportive.
2. To provide a flexible and appropriate level of support to enable tenants to maintain their tenancy and progressively develop a settled way of life.
3. To work with tenants to recognise and support their abstinent lifestyle.
4. To encourage and assist tenants to address their own primary health needs.
5. To enable tenants to acquire and develop life and social skills necessary to manage their own tenancies.
6. To encourage and assist tenants to develop social networks through active day programmes and to access community resources.
7. To encourage tenants to seek voluntary work as appropriate.
8. To enable tenants to explore move-on options when ready.



### **LAPSE AND RELAPSE POLICY**

Alcohol & drug dependencies are viewed as "relapsing conditions".

A Lapse or Relapse is a common outcome of interventions with people with addictions on the road to a long term abstinence based recovery.

Research into relapse rates for people who have completed residential treatment suggest that the rate of relapse can be high.



**Just because lapse/relapse figures are high does not mean that it will happen to you. To be forewarned is to be forearmed. To prevent a lapse developing into a full blown relapse is one of the main objectives of relapse prevention.**

St. James House is a drug and alcohol free zone. However, lapses may occur.

The policy in the event of a lapse is that each case will be dealt with according to the circumstances of the lapse. We aim to work with individuals who lapse. Residents at St. James House will be involved in the process but the final decision will be that of the Manager.