

Other information

Opening hours

Monday - Friday 9:00am - 5:00pm
Wednesday 9:00am - 7:00pm
Closed weekends and bank holidays.

Bus service

Service users may use the Bristol University and free hospital bus which stops at the Bristol Oncology Centre on Horfield Road. First bus service 20 & 21 stop outside Colston Fort.

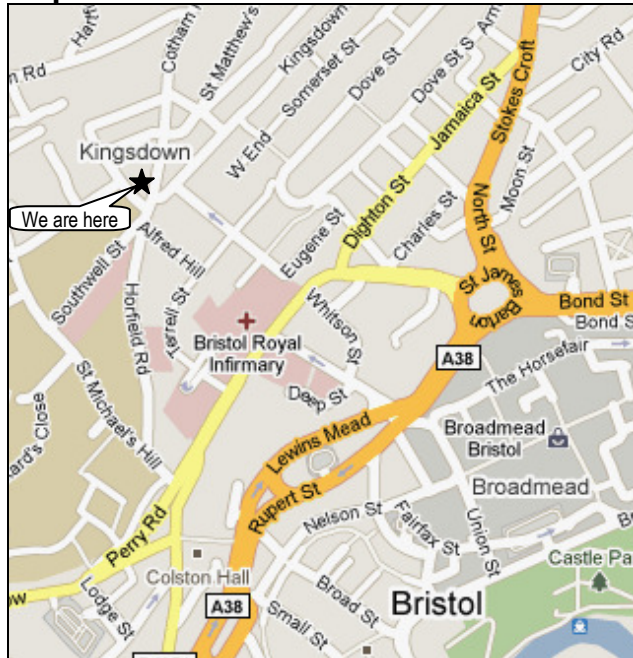
Rail

The nearest rail stations are Redland and Clifton Down (both approximately 0.6 miles).

Parking

There are no parking facilities and on-street parking is extremely limited.

Map



Other useful contacts

Addiction Recovery Agency (ARA)

King's Court, King Street, Bristol BS1 4EE.
Tel: 0117 930 0282
Fax: 0117 929 4810

Alcoholics Anonymous

Tel: 0845 769 7555
www.alcoholicsanonymous.org.uk

Al-Anon (for family & friends)

Tel: 0207 403 0888
www.al-anonuk.org.uk

Drinkline (National Alcohol Helpline)

Tel: 0800 917 8282

UK Alcohol Forum

Provides guidelines for the management of alcohol problems.
www.ukalcoholforum.org

Website: www.avon.nhs.uk/alcohol

For further information or advice, please contact the Service user Advice and Liaison Service (PALS)

Tel: **01249 468261**
Freephone: **0800 073 1778**
Email pals@awp.nhs.uk

www.awp.nhs.uk

This information can be made available in other formats (for example, Braille) or languages on request by calling the PALS number.

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Approval Date: January 2011
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Avon and Wiltshire 
Mental Health Partnership NHS Trust

**Bristol Specialist Drug
and Alcohol Service**

Alcohol Service

Information for Clients

**1 Colston Fort
Montague Place
Kingsdown
Bristol
BS6 5UB**

**Tel: 0117 9192345
Fax: 0117 9248814**

BSDAS upholds the Service User Charter, a copy of which is displayed in reception areas, and is available upon request.

What is Colston Fort ?

We are a specialist service for people with serious alcohol problems. We aim to provide help and support for those who want to stop drinking but who are finding this difficult to do themselves.

We do not offer treatment for people who only want help to control their drinking.

What do we do ?

We offer assessment of your individual alcohol problem and from this an appropriate care plan will be developed.

This may involve attending for treatment at BSDAS or a referral to alternative sources of help.

We can offer medical supervision and weekday support to people who may need help with withdrawal symptoms. This usually takes about a week.

For people with complex medical needs we can arrange access to an in-patient detox on Acer Unit, in Bristol.

All clients are allocated a keyworker from the staff team. We offer a range of treatment options and your individual programme will be chosen from these in consultation with your keyworker. This will be reviewed on a regular basis.

Treatment includes the following:

- **Entry Group**
This is a weekly support group for those preparing to stop drinking.
- **Detox**
See separate leaflet for further information.

Other options

Regular review appointments with your keyworker. Signposting to other health professionals or agencies as appropriate.

Who works here ?

Our multi-disciplinary team consists of doctors, nurses, psychologists and social workers, all of whom are alcohol specialists. We are also supported by an administrative team and housekeeper.

We also provide training and placements for a range of professionals and students.

Client coffee room

Our coffee room and garden provide the opportunity to meet other people attending the unit. As part of the NHS, Colston Fort is a non-smoking site.

Please help us to provide a safe alcohol-free environment by:

- Not attending group or appointments if you are heavily intoxicated or have been using non-prescription drugs on the day. Try to only have just enough to stop withdrawal symptoms. A breathalyser is available for staff use if they feel it is appropriate.
- Respecting the confidentiality of other patients and personal issues discussed in group sessions.